Made for Goodness and Why This Makes All the Difference, by Desmond Tutu and Mpho Tutu, Harper Collins, 2010

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Recommended Readings

Made for Goodness and Why This Makes All the Difference
by Desmond Tutu and Mpho Tutu, Harper Collins, 2010
Reviewed by Richard McGowan

Written by Noble Peace Prize winner, chair of the South African Truth and Reconciliation Commission, and Butler degree holder, Archbishop Desmond Tutu, and his daughter, Mpho Tutu, herself the executive director of the Tutu Institute for Prayer and Pilgrimage, chair of the board for the Global AIDS Alliance, and an Episcopal priest, Made for Goodness is tonic for troubled times.

The Tutus invite us to "the practices of goodness-noticing, savoring, thinking, enjoying, and being thankful." Their invitation is often in the form of anecdote, both personal, gentle, and touching as well as harsh, horrid, and hateful.

Readers learn of Bishop Tutu's enduring regret that he did not comfort his father as the elder Tutu lay dying, Mpho's inattentiveness to the wont of her house help, Bishop Tutu's boyhood experiences, Mpho's community service as becoming acquainted with the figures in recent South African history, including Allen Boesak, Ambrose Reeves, the Mogopa people, and Phila Portia Ndwandwe. Those figures, among others, are cited as models of moral goodness.

Of course, moral evil is very apparent in a book about the days of apartheid. People often ask Bishop Tutu "What makes you so certain that the world is going to get better? This book is my answer." The answer is largely spiritual.

Nonetheless, Made for Goodness need not be read from inside the circle of faith. The book has value for anyone who wishes to experience the psychology of goodness and hope. As such, the book promotes peace, individually and politically.

- Richard McGowan is Instructor of Business Ethics at Butler University.