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Run Story

Abstract
The following lists are from Run Story, a hybrid/cross-genre novel. Run Story is set in a residential center for emotionally/behaviorally disturbed children and adolescents. Abe is one of numerous main characters, narrators, and residential clients. A longer excerpt of Run Story appears in Booth 6.

Keywords
fiction, novel, children, behavior

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Run Story
by Daniel Hales

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Behavior Chain. ABE

What was the problem behavior? (What did you earn consequences for?)

I went downstairs at foster home during the night and stole food with the food labeled MOM.

Vulnerability factors— Why did it happen today?

I went to bed already and my stomick was gralling. I just didn’t want to hear my stomick gralling.

Trigger — what happened that you that started you on the road to problem behavior?

My stomick was gralling so much I just wanted it to stop.
The trigger made me feel?

Mad, upset and outrage. And hungry.

The trigger made me think?

I thot eat and it will stop gralling!

This made you want to (urge)?

It made me want to eat.

What you did (action)?

I went downstairs and stoll food that wasnt my own.

How did others respond around you?

My foster mom was mad!

Their response made me feel? And it made me think? and made me want to? and it made me do?

bad. I’m a bad boy. cry. go to bed and cry.

What were the positive results of our behavior?

I wasn’t hungry any more.

What were the negative results of your behavior?

I got a Behavior Chain.

My Triggers

Other kids
Sad feelins
School bells
Kids that lie
Staff that lie
Home visits
Tunafish sandwiches
Parents fitting
Losing at 4 square
Kids that cheat
Late meds
Home work to hard
Sister taddling tailin
Mom yelling
Dad is dronk
Christmas songs
Stuff i don understan
Heering NO
When kids copy me
Angur problims
Meen peele
Siens teacher
Spicey food
Wheet bred
White cheez
Cold soop
When I loose home viset
Kids tushing my stuff
Bio Mom dad fergity my berthday
When classroom door is left open
Sad endings
When is not fare

-ABE

Abraham’s Special Programs

Hygiene: Abe has designated bathroom times every hour and a half (should be marked on Bathroom Log). Earns an Endangering for hiding wet sheets or soiled clothing. Endangering for fecal smearing. Extra half hour of video games if he turns in wet/soiled sheets/clothing right away.
**Interaction:** If Abe goes a whole day without negative peer bonding, he earns an extra sugar snack on the weekend.

**Anger Management:** Every time Abe identifies a Trigger and effectively uses a Coping Skill he earns a gold star. For every gold star, he gets to buy a song online to add to his Coping Skills playlist.

Daniel Hales is a writer, musician, and teacher living in western Massachusetts. He’s had poems and flash fictions published in many print and online journals, including *Verse Daily, Sentence, The Massachusetts Review, Conduit, H_NGM_N*, and *Bateau*. He is the songwriter, singer, and guitarist in the band Daniel hales, and the frost heaves. They have just released their third album: “Contrariwise: Songs from Lewis Carroll’s Alice’s Adventures in Wonderland and Through the Looking-Glass:”

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