The Misuse of Over-the-Counter NSAIDs

What does NSAID misuse look like?²

- Taking too large of NSAID doses
- Taking the next dose too soon
- Taking multiple NSAID products together

This misuse can be harmful to your health

Why does misuse happen?¹

- Lack of knowledge about NSAIDs and similar products
- Misunderstanding NSAID risks
- Not following label instructions

70% of adults were not at all or only slightly concerned about possible adverse events that could happen when taking ibuprofen ¹

71% of adults took more than the recommended number of pills at one time or took the next dose sooner than the label instructed ³

Only 39% of adults were able to identify the products they were taking were NSAIDs, which are products similar to ibuprofen ¹