



BU Well

Volume 5 *Health, Wellness, and Life Sciences*

Letter from the Editor

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Letter from the Editor

Volume 5

Welcome to Volume 5 of *BU Well*!

This year, I have had the pleasure of serving as Editor in Chief for Volume 5 of *BU Well*—Butler University's open-access, multimedia, student-driven healthcare journal. Our journal has reached new heights over the course of this past year, and I am ecstatic to dedicate these achievements to the incredible team who worked on Volume 5. With their commitment and the guidance of two remarkable faculty mentors, our volume continues to promote science literacy by building upon the foundation of works committed to health, wellness and life sciences. Thank you to my fellow executive team, faculty advisors, assistant editors and library associates who made this all possible; I am delighted to showcase your passionate work.

Thanks to the editorial teams who precede us, we have continued to build upon recent developments of the journal by adding two new articles to the "Clinical Corner" and a new podcast in our multimedia profile. In this volume, we pride ourselves on having published the highest number of articles in the journal's history. In addition, the team has educated on a wide range of unique subject matters. From providing informational facts on the yearly influenza vaccine to discussing the tones of toxic relationships and the benefits of ecotherapy on mental health, our volume aims to serve as a resource for readers of all educational backgrounds on world-wide health issues. Other topics you will discover range from food marketing to children and entirely artificial donor organs to the hidden dangers of vaping and unproven cancer therapies. We hope that you will enjoy these pieces as much as we enjoyed preparing them for you.

The sixth volume of *BU Well* is currently accepting articles for consideration in our next publication—coming Spring of 2021. Please feel free to follow our journal on its various social media platforms (Facebook, Instagram and Twitter) to keep up with the activities of the BU Well team.

Thank you for your continued support of our journal,

Erin Dark

Editor in Chief, *BU Well*