



BU Well

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Volume 6 *Health, Wellness, and Life Sciences*

Letter from the Editor

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## Letter from the Editor

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## Letter from the Editor

### Volume 6

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Welcome to Volume 6!

This year, I was privileged to serve as the Editor in Chief of *BU Well* – Butler University’s open-access, multimedia, student-run journal specialized in delivering health, wellness, and life science content to our campus community and beyond.

I could not be more proud of the work that our team has put forth throughout the year. Our executive team and faculty advisors alike have worked tirelessly during the fall and spring semesters, and despite the challenges of developing and implementing class plans during this unprecedented time for our campus, I am happy to say that our journal has continued to build on the work of the editorial teams that have preceded us. With the publishing of Volume 6, we have included eleven unique health and wellness articles made available to our readers, in addition to a variety of multimedia pieces in infographic, video, and podcast formats to supplement the content of our journal. Our team prides itself on the variety of topics and perspectives that we include with each publishing, and this year’s works are certainly no different.

I want to use this space to congratulate and commend the work of our students during both semesters. Without them we could not possibly have the amount of content nor editing capacity to create and publish a successful volume, so to our students and the rest of our executive board, I am incredibly grateful. The supporting roles of our faculty advisors and library associates cannot be understated as well, and the publishing of Volume 6 certainly would not have been possible without their efforts. If interested in our journal and the works that we publish, please consider checking out our current volume as well as the journal’s previous editions, and remember to follow us on social media!

Thank you for supporting our journal,

**Nathan Weller**

**Editor in Chief, *BU Well***