

# FOOD FADS

DMITRI A. BORGMANN  
Dayton, Washington

One of the nice things about many foods is that, if you don't like them, you can transform them into other foods, possibly more to your taste, simply by way of letter rearrangement. For instance:

TUNA a nut  
EDAM mead  
LEMONS melons  
BORSHT broths  
PARSLEY ale + spry  
MUSCATEL clam suet  
RIB STEAK a brisket  
ASPARAGUS a sap sugar  
PEPSI-COLA a popsicle  
SHORT BEERS erse broths  
APPLE CIDER preclad pie  
T-BONE STEAK Tonka beets  
SPANISH RICE lrish pecans  
ORANGE SHERBET sea-green broth

You won't find "preclad pie" on many menus, but if salad can be dressed why not pie? Tonka beets is a coinage suggested by the well-known Tonka beans.

Instead of merely observing transformations, we may wish to call them to the attention of the nearest bystander, usually (though not always) by using his or her first name:

APPLES pap, Les  
CANDIES ices, Dan  
MALTOSE ales, Tom  
POTATOES peas, Otto  
TOMATOES toast, Moe  
LICORICE rice, Clio  
CARMELS creams, Al  
AN APPLE pap, Lena  
SEMOLINA ale, Simon  
RYE BREAD a berry, Ed  
MERINGUES see gin, rum  
TANGERINES greens, Nita  
TABLE SALT tablets, Al  
MINESTRONE mints, O Rene  
SWEET WINE stew, l ween  
HOT TAMALES oats, Thelma  
SUGAR LUMPS plums, Argus

RIPE OLIVES pies, Oliver  
 RED POTATOES pot roast, Dee  
 SALAMI OMELETS oatmeals, Selim

Rather than calling the bystander by his or her given name, we may choose to address him by last name, by a title indicating the mutual relationship, or by some suitable class designation. Alternatively, we may wish to alert an entire group of people who happen to be present:

PARSLEY rye, pals  
 OATMEAL lo, tea, Ma  
 OYSTERS rye, sots  
 VERMOUTH rum, oh vet  
 CONSOMME cones, Mom  
 RADISHES shad, sire  
 PINEAPPLES pie, pen pals  
 SHORT RIBS borsht, sir  
 GINGER ALE egg, Lanier  
 SOUR GRAPES sugar, Poser  
 MAPLE SYRUP pale rum, spy  
 RIPE POMEGRANATES margarines, Topper  
 BOILED FRANKFURTERS truffles, Akron bride

Up to this point, all transformations have been presented factually and unemotionally. We can, however, wax emotional or state them either in laudatory or derogatory terms:

DATES d--- eats  
 ALMONDS d--- salmon  
 PEANUTS "un"-paste  
 LEMONADE "demon" ale  
 ICED TEA ace diet  
 MEAT LOAF oft a meal  
 PIECRUSTS crisp suet  
 ROAST BEEF best 'o fare  
 LIMA BEANS meals l ban  
 RED GRAPES pear dregs  
 MAPLE SUGAR (gasp) ale + rum  
 OLEOMARGARINE a real gin, Romeo  
 FILETS MIGNON long mints - fie!  
 DATES AND FIGS fasting's dead

Some foods inspire miscellaneous conversions that do not fit into any of the previous categories:

EATS sate  
 DATES sated  
 INGESTA eatings  
 GINGER ALE regale, gin  
 FILETS MIGNON lemons fit gin  
 ORANGE PHOSPHATE a goner has the pop  
 BOILED FRANKFURTERS "red fruit", felons bark

Think about all that, the next time you sit down at the dinner table!