For the purpose of this article, a middle name is a given name that can be centered in a dictionary word—the longer, the better. Two-letter names such as ED, AL and JO can always be embedded (feEDer, deALer, banJOist), and I do not consider them further. Below is a type collection of nearly one hundred middle names of three or more letters; no doubt readers can add more. Six-letter names are hard to embed, and there is only one-seven-letter example. Often, one encounters agonizing near-misses like sCARlet, ePAULet and mAGNESia. I am indebted to the editor for adding a number of names to the list.

bABEs
bABIEs
grADADate
macADAMize
lADDIEs
reALize
mALICEs
hALMAs
cAMBERs
squAMOSely
scrANNing
bANNER
fANNIEs
gARDENs
cARLINEs
cARNIEs
crAVAts
preBENDal
unBILLEd
skiBOBber
aBRADe
unCAROLed
redeCLARAtion
deCLARErs
redeCORAtion
anDANte
caDAVeRs
parDONers
nickeLIZAtion
constELLAtions
dileMMAtic
hystERICally
AmERICAns

thERMAls
bETHELs
relEVAnce
nEVER
overFLOwing
deFLORAte
unFRANKed
proGENEsis
disGRACEful
letHALity
untHANKful
sHERBERTs
thORACES
pIANo
valIDAted
dIVANs
sKATER
oKAYS
fLEEls
unpoLEMical
spLENic
piLEous
nucLEONics
charmLESSness
teLEVIs e
sLEWs
civilIZAtion
civILize
encLOISTer
fLOUR
sMARTInG
unreMARKable
caraMEli zed
leMONAde

harMONICAlly
inANE
orNATEly
damNEDEst
perNIckety
aNORak
abNORMal
rhOPAlic
unbOTToMed
SPAMs
superPAtrIots
tRICKy
unirrRITAting
pROBINg
moRONic
PROSEs
recROSSIng
viceROYalty
untRUTHful
cauSALity
conSTAnfly
conSTELLaTed
isSUErs
sainTEDness
tesTIMony
panTOMine
aTONIC
caraVANNing
asseVERAtion
conVICTed
eVINCeD
preWILLing
tWINE