

# EATING BY NUMBERS

SUSAN THORPE

Great Missenden, Buckinghamshire, England

[thorped@hotmail.com](mailto:thorped@hotmail.com)

The number classification 1 to 9 below is derived by:

Finding the numerical total of a word (assigning a = 1 to z = 26) eg. SPROUTS = 128

Add together the three digits 1, 2 and 8 = 11. Then add together the two digits 1 and 1 of the 11 to produce the single digit 2. In other words, it is a case of adding the digits together until a **single digit** results.

Where two adjacent words are underlined, their two numerical totals are added together and treated as one.

his substantial lunch consisted of a main course of LAMB (28 - 10 - 1) and CHIPS (55 - 10 - 1) with GRAVY (73 - 10 - 1), followed by a PLUM CRUMBLE (136 - 10 - 1) dessert. 1

TOMATO SOUP (155 - 11 - 2), to start with, was followed by STEAK(56 - 11 - 2) with a BAKED POTATO (110 - 2) and a SIDE SALAD (74 - 11 - 2), the meal being rounded off with a choice of FRUIT (74 - 11 - 2) for dessert. 2

a BOILED EGG (66 - 12 - 3) for breakfast, and then a lunch of LIVER and CABBAGE (66 - 12 - 3) followed by FRUIT SALAD (111 - 3) and ICE CREAM (57 - 12 - 3) for dessert. 3

a lunch of VEAL (40 - 4) with ASPARAGUS (103 - 4) and CARROTS (94 - 13 - 4) followed by TREACLE PUDDING (139 - 13 - 4) and CREAM (40 - 4) was rounded off with a cup of COFFEE (40 - 4) 4

the vegetarian's lunch consisted of CELERY (68 - 14 - 5), ONIONS (86 - 140 - 5) and PEAS (41 - 5) followed by PEARS (59 - 14 - 5) and CUSTARD (86 - 14 - 5) 5

accompanied by a glass of LEMONADE (69 -15 - 6), a FISH (42 - 6) course preceded PORK (60 - 6) with a squeeze of ORANGE (60 - 6) and POTATO (87 - 15 - 6), and a dessert of XMAS PUDDING (132 - 6) and mashed BANANA (33 - 6) 6

lunch consisted of VEGETABLE BROTH (142 - 7), RUMP STEAK (124 - 7) and TRIFLE (70 -7) 7

SOUP ( 71 - 8) was followed by CHICKEN (53 - 8) wrapped in BACON (35 - 8), with CAULIFLOWER (125 - 8), and a dessert of APPLE PIE (80 - 8), all with a nice cup of TEA (26 - 8) 8

the main lunch course was either BEEF (18 - 9), or FISHCAKES (81 - 9), with TOMATOES (108 - 9) followed by RHUBARB CRUMBLE (144 - 9) for dessert and then a scrumptious looking CHEESE (45 - 9) plate, all washed down with a glass of GINGER BEER (90 - 9) 9

CHRISTMAS XMAS TURKEY

9 CHEESE GINGER BEER TOMATOES BEEF FISHCAKES RHUBARB CRUMBLE  
MILK SPOTTED DICK

CHICKEN 53 8 SOUP 74 127

MUSHROOM 122 5.....

SAUSAGES 92 11 2

**START**

7 VEGETABLE BROTH  
7 BANANAS ORANGES RHUBARB HERRING TRIFLE RUMP STEAK

RUMP 68 STEAK 56 124 = 7

HERRING ROES 89 57 = 146 = 11 2

RUMP STEAK 68 56 =124 = 7

PEACH 33 6 PEACHES 57 12 3

PLUM 62 8 PLUMS 81 9

DATE 30 3 DATES 49 13 4

GRAPES 66 12 3

VEGETABLE 79 16 7 S 79 + 19 = 98 = 17 = 8

BROTH 63 9 VEG BROTH 79 + 63 = 142 = 7

STEAK 56 11 2 BRAISED STEAK BRAISED 58 13 4 114 6

TYPES OF SOUP.....MUSHROOM 122 5 PEA SOUP 93 12 3

MUSHROOMS 141 6 MUSHROOM SOUP 122 71 193 13 4

CHICKEN SOUP 53 8 71 124 7

SOUP = 71 = 8

PEA SOUP 22 + 71 = 93 12 3

LETTUCE 86 14 5

SPROUTS 128 11 2

PARSLEY 96 15 6

3 CABBAGE PIE MUTTON BOILED EGG 47 19 XMAS SHERRY BREAD

BUTTER 86 14 5

VEGES FRUIT MEAT FISH DRINKS OTHER

**FRUIT**

the upside down APPLES 88 16 7 69 15 6 APPLE 50 5

PEAR 40 4 PEARS 59 14 5 PEARS and CUSTARD 5s

CHERRY 77 14 5 CHERRIES 95 14 5 CHERRIES and CUSTARD 5s

BRAMBLE 53 8 BRAMBLES 72 9

BANANA 33 6 BANANAS 52 7

ORANGE 60 6 ORANGES 79 16 7

RHUBARB 70 7

CRUMBLE 74 11 2

PIE 30 3

**VEGES**

CARROT 75 12 3 CARROTS 94 13 4

CABBAGE 21 3 CABBAGES 40 4

MUTTON (PIE) with CABBAGE 3



**FISH**

HALIBUT and CHIPS both 1s

FISH 42 6

HALIBUT 73 10 1

COMPATIBLE

NO INDIGESTION

COD 22 4

HERRING 79 16 7

SALMON 64 10 1

TUNA 56 11 2

HADDOCK 46 10 1

FISHCAKES 81 9

FISHCAKES with CHEESE 9

**OTHER**

CUSTARD 86 14 5

CREAM 40 4

TREACLE PUDDING and CREAM 4s

GRAVY 73 10 1

MAYONNAISSE

SOUP 71 8

TOMATO SOUP 84 + 71 = 155 11 2.....

**DESSERTS**

APPLE PIE 80 8

RHUBARB CRUMBLE 144 9

FISHCAKES followed by T  
RHUBARB CRUMBLE with CHEESE 9s BEEF  
and a nice cup of MILK all 9s 9

TREACLE PUDDING 139 13 4

SPOTTED DICK 99 18 9 27 9

BEEF SPOTTED , DICK 9s  
etc.

PLUM PUDDING 62 75 = 137..... 11 2

PLUM CRUMBLE 62 74 136 10 1 TURKEY 100 1

**SALAD** 37 10 1

SIDE SALAD 37 + 37 = 74 11 2

## DRINKS

MILK 45 9

MILK SHAKE 45 + 44 = 89 17 8

LEMONADE 69 15 6

GINGER BEER 60 + 30 = 90 9

COLA 31 4 COCA 22 4

TEA 26 8

COFFEE 40 4

SHERRY etc. 93 12 3

CHEESE 45 9

CHRISTMAS 110 2

XMAS 57 12 3 PUDDING 75 12 3 XP TOGETHER = 132 6

EGGS 38 11 2

BOILED EGG 47 + 19 = 66 12 3

BREAD 30 3

TRIFLE 70 7

FRUIT SALAD 74 37 = 111 3

CHOCOLATE PUDDING 82 75 = 157 13 4

ICE CREAM 17 40 12 3

P = 16