

# The Misuse of Over-the-Counter NSAIDs

## What does NSAID misuse look like?<sup>2</sup>

- Taking too large of NSAID doses
- Taking the next dose too soon
- Taking multiple NSAID products together



This misuse can be harmful to your health

## Why does misuse happen?<sup>1</sup>

- Lack of knowledge about NSAIDs and similar products
- Misunderstanding NSAID risks
- Not following label instructions

70%  
70% of adults were not at all or only slightly concerned about possible adverse events that could happen when taking ibuprofen<sup>1</sup>



39%  
Only 39% of adults were able to identify the products they were taking were NSAIDs, which are products similar to ibuprofen<sup>3</sup>

71%  
71% of adults took more than the recommended number of pills at one time or took the next dose sooner than the label instructed<sup>1</sup>

