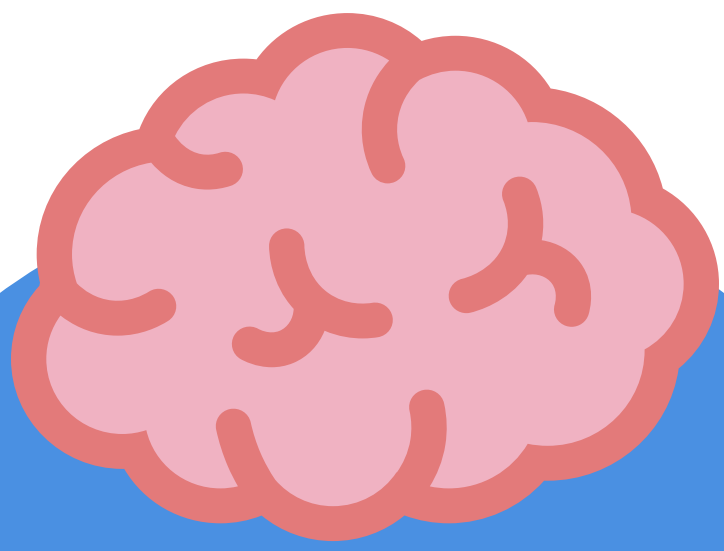
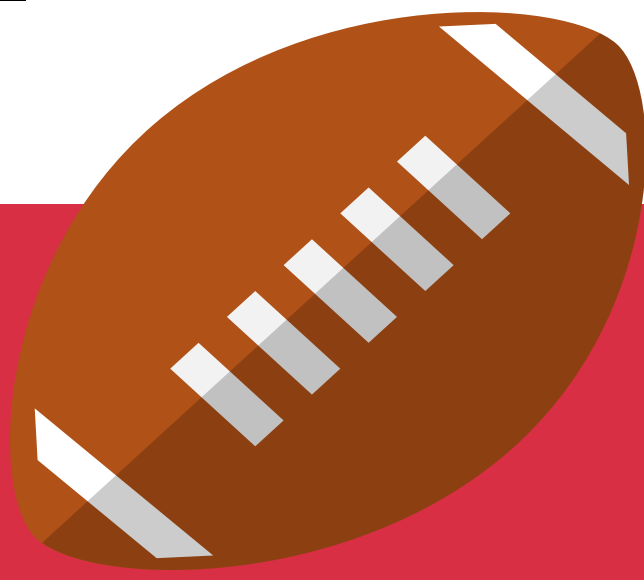


Butting Heads: Tackling Football Concussion & Prevention

Concussion Fast Facts



A concussion is a bump, jolt, or hit to the head that results in brain damage¹



Annually, 47% of sports-related concussions are caused by football injuries¹



MRI and CT scans often cannot detect a concussion¹

What signs should I look for?¹

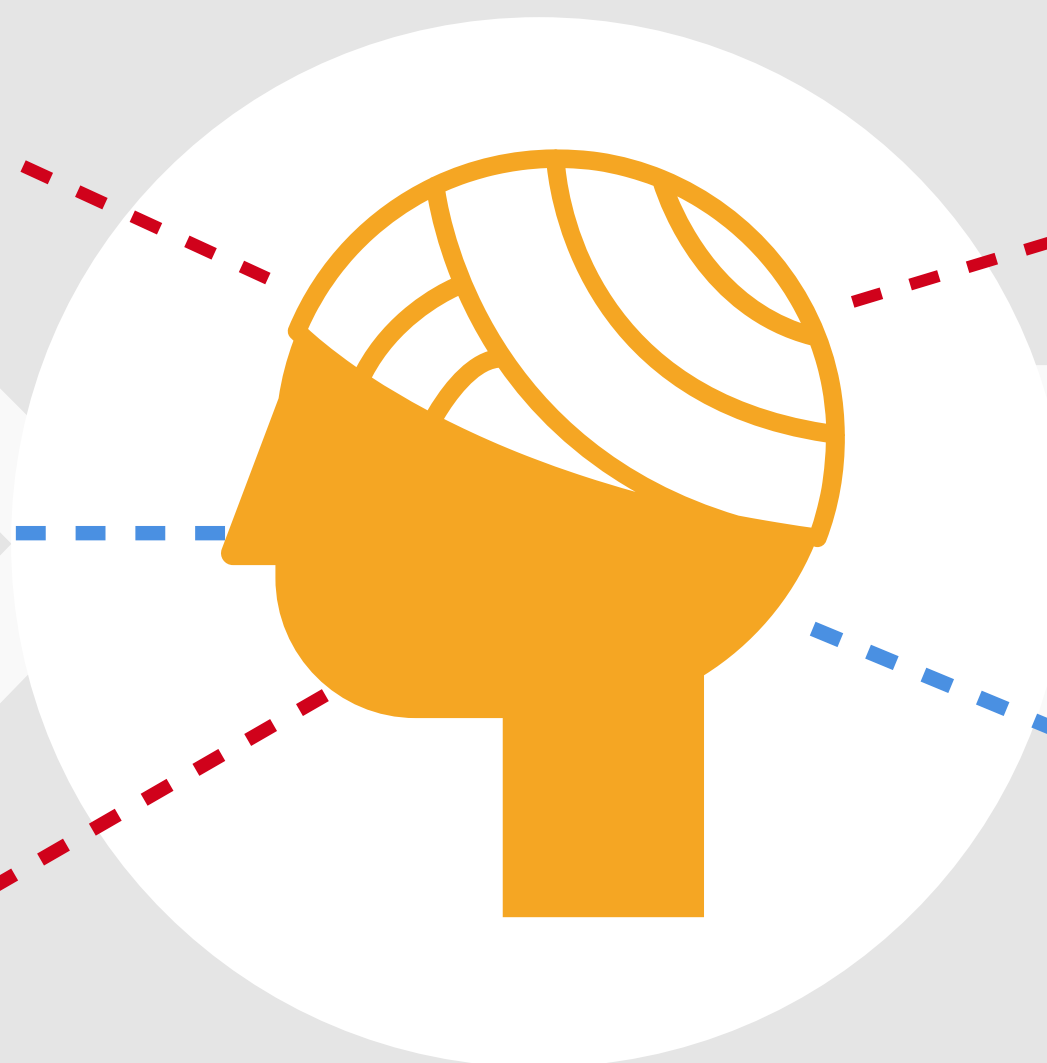
Headache

Dizziness

Nausea/Vomiting

Loss of
Consciousness

Balance/Memory
Problems



What can I do?



Follow your state's laws for reporting and treating concussions²



Perform baseline concussion testing on athletes³



While playing sports, wear the proper protective equipment, like helmets and mouthguards⁴