FOOD FADS

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One of the nice things about many foods is that, if you don't like them, you can transform them into other foods, possibly more to your taste, simply by way of letter rearrangement. For instance:

TUNA a nut
EDAM mead
LEMONS melons
BORSHT broths
PARSLEY ale + spry
MUSCATEL clam suet
RIB STEAK a brisket
ASPARAGUS a sap sugar
PEPSI-COLA a popsicle
SHORT BEERS erse broths
APPLE CIDER preclad pie
T-BONE STEAK Tonka beets
SPANISH RICE Irish pecans
ORANGE SHERBET sea-green broth

You won't find "preclad pie" on many menus, but if salad can be dressed why not pie? Tonka beets is a coinage suggested by the well-known Tonka beans.

Instead of merely observing transformations, we may wish to call them to the attention of the nearest bystander, usually (though not always) by using his or her first name:

APPLES pap, Les
CANDIES ices, Dan
MALTose ales, Tom
POTATOES peas, Otto
TOMATOES toast, Moe
LICORICE rice, Clio
CARAMELS creams, Al
AN APPLE pap, Lena
SEMOLINA a le, Simon
RYE BREAD a berry, Ed
MERINGUES see gin, rum
TANGERINES greens, Nita
TABLE SALT tablets, Al
MINESTRONE mints, O Rene
SWEET WINE stew, I ween
HOT TAMALEs oats, Thelma
SUGAR LUMPS plums, Argus
RIPE OLIVES pies, Oliver
RED POTATOES pot roast, Dee
SALAMI OMELETS oatmeals, Selim

Rather than calling the bystander by his or her given name, we may choose to address him by last name, by a title indicating the mutual relationship, or by some suitable class designation. Alternatively, we may wish to alert an entire group of people who happen to be present:

PARSLEY rye, pals
OATMEAL lo, tea, Ma
OYSTERS rye, sots
VERMOUTH rum, oh vet
CONSOMME cones, Mom
RADISHES shad, sire
PINEAPPLES pie, pen pals
SHORT RIBS borsh, sir
GINGER ALE egg, Lanier
SOUR GRAPE sugar, Poser
MAPLE SYRUP pale rum, spy
RIPE POMEGRANATES margarines, Topper
BOILED FRANKFURTERS truffles, Akron bride

Up to this point, all transformations have been presented factually and unemotionally. We can, however, wax emotional or state them either in laudatory or derogatory terms:

DATES d---- eats
ALMONDS d---- salmon
PEANUTS "un"-paste
LEMONADE "demon" ale
ICED TEA ace diet
MEAT LOAF oft a meal
PIECRUSTS crisp suet
ROAST BEEF best 'o fare
LIMA BEANS meals 1 ban
RED GRAPES pear dregs
MAPLE SUGAR (gasp) ale + rum
OLEOMARGARINE a real gin, Romeo
FILETS MIGNON long mints - fie!
DATES AND FIGS fasting's dead

Some foods inspire miscellaneous conversions that do not fit into any of the previous categories:

EATS sate
DATES sated
INGESTA eatings
GINGER ALE regale, gin
FILETS MIGNON lemons fit gin
ORANGE PHOSPHATE a goner has the pop
BOILED FRANKFURTERS "red fruit", felons bark

Think about all that, the next time you sit down at the dinner table!