How empty is the word empty? Since it contains MT, pronounced “empty” (in the form eMptY), it is “self-contained”, so empty may not be empty after all.

A number of self-contained words are pronounced like a single letter that they contain. Examples include bee(B) and gee(G), the printer’s measures em(M) and en(N), and the curve ess(S). In fact, such examples can be as short as a single letter, such as I or O, or as long as five letters: queue(Q). Other three letter examples include jay(J), ell(L), are(R), tea(T), tee(T), you(U), and why(Y), as well as the names Bea(B), Dee(D), Jay(J), and Kay(K). A word pronounced like one or more letters not all of which it contains are not self-contained, but “bulging”. Those pronounced like single letters include sea(C) and see(C), aye(I) and eye(I), ewe(U) and yew(U), and cue(Q).

There are quite a few self-contained words pronounced like two of their letters such as beady(BD) and envy(NV), as well as many personal names like Abie(AB), Arby(RB), Edie(ED), Ellen (LN), Ennis(NS), Estee(ST), Opie(OP), and Owen(ON), as well as Bibi(BB), Cici(CC), Deedee(DD), and Gigi(GG). Some bulging examples include decay(DK) and easy(EZ), as well as the names Casey(KC) and Elsie(LC).

Some self-contained words pronounced like three of their letters include the sea between Greece and Turkey, the Aegean(AGN), the Mid-East title of respect effendi(FND) and avian(AVN), an example for the birds. Don’t forget opium(OPM) and Iowan(ION), or envious(NVS) or devious(DVS), or entity(NTT) or tedious(TDS). On the other hand, the word escapee(SKP), extasy(XTC), and the element cesium(CZM) are not fully self-contained, but bulging.

Is Emily self-contained? All three letters of MLE are found in Emily, but not in order, so Emily is self-contained only if she is deranged! The same is true of Emmy(ME). And your enemy(NME) must also be deranged to be self-contained. (Is it advantageous to have an enemy who is self-contained if he is also deranged?)

Very few self-contained words are pronounced like four of their letters. One example is found in the title “Your Excellency”(XLNC). And the only self-contained word I could find pronounced like five of its letters is expediency(XPDNC), whose five consonents pronounce its name. The
word Arcadian (RKDN) is pronounced like four letters, but since the word has no "K" it is bulging, and not self-contained.

All the lists of words pronounced like fewer than four letters are incomplete. Let me know if you have more examples pronounced like four (or more) letters.

Only letters of the alphabet are to be entered in this puzzle and pronouncing their names given the defined words, some of which are self-contained, while others are bulging. Many entries will be found as examples in the text given above.

**ACROSS**

1. Word often preceding the name of someone addressed  
2. Pastorally ideal  
3. Old cloth measure  
4. State of bliss  
5. Middle of Caesar's boast  
6. Name of a spokes-bovine  
7. Prose composition  
8. Random selection from a set  
9. Covetousness  
10. Element no. 55  
11. Boy's name  

**DOWN**

1. Ulysses  
2. Exist  
3. Girl's name  
4. Jealousy  
5. See 5. across  
6. Title of respect (after "your")  
7. Shifty  
8. Bird-like  
9. Simple  
10. Foe